



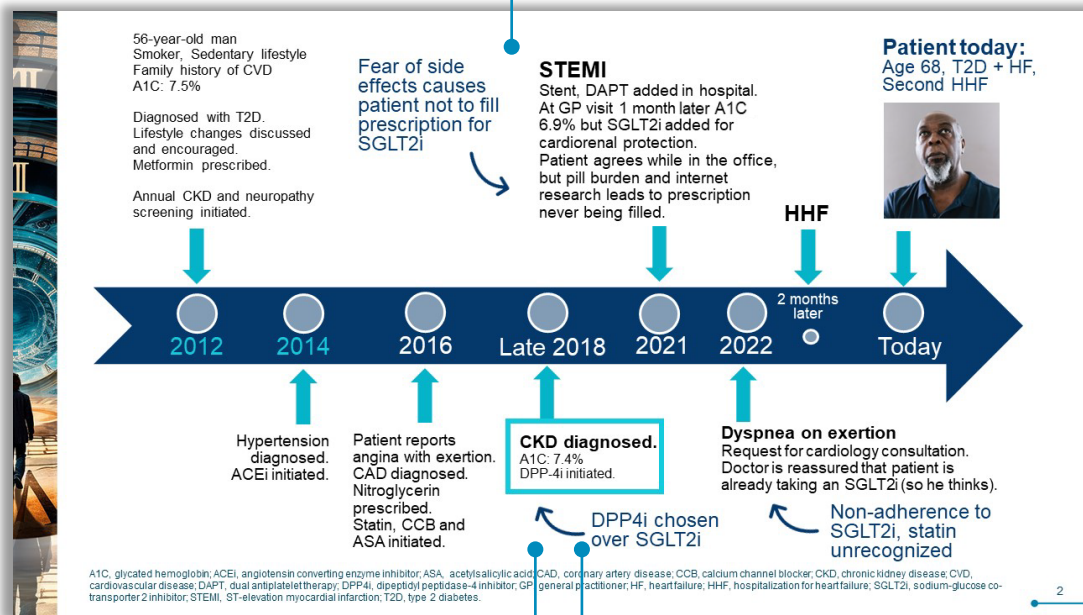
If you could travel back time, how would you inspire different treatment choices for this patient?

Did you know, prior to this program?

Elevated UACR, irrespective of eGFR, is associated with an increased risk of incident HF and an increased risk of HF progression.¹

Strategies to increase acceptance of medications including helping patients appreciate the prognosis without medication and the long-term benefit of taking the medication.²

When patients do not fill their prescriptions, how do you typically find out?



How much has your perception of SGLT2is changed since 2018?

We now know that they have protective effects in patients with CKD without diabetes, and in patients with HF regardless of diabetes status or ejection fraction.^{3,4} We also know that “time is kidney and heart”: Starting SGLT2i therapy early can change the trajectory of kidney disease and heart disease progression.⁵

Do you use any of these strategies in your practice?

Develop a process for routinely asking about medication adherence.⁶ Decrease pill burden by reducing the number of daily doses, choosing combination pills, using pill boxes, providing medication charts, and discontinuing medications for which there is no evidence base (e.g., some supplements).⁷

A1C, glycated hemoglobin; ACEi, angiotensin converting enzyme inhibitor; ASA, acetylsalicylic acid; CAD, coronary artery disease; CCB, calcium channel blocker; CKD, chronic kidney disease; CVD, cardiovascular disease; DAPT, dual antiplatelet therapy; DPP4i, dipeptidyl peptidase-4 inhibitor; eGFR, estimated glomerular filtration rate; GP, general practitioner; HF, heart failure; HHF, hospitalization for heart failure; SGLT2i, sodium-glucose co-transporter 2 inhibitor; STEMI, ST-elevation myocardial infarction; T2D, type 2 diabetes.

1. Khan, J Am Coll Cardiol, 2023;81(3):270-282.

2. Faculty expert opinion. December 2023.

3. Baigent C, et al. Lancet 2022;400(10365):1788-1801.

4. Jhund PS, et al. Nat Med 2022;28(9):1956-64.

5. Fernández-Fernández B et al. Clin Kidney J 2023;16(8):1187.

6. American Medical Association website. 8 reasons patients don't take their medications. February 22, 2023. Available at: <https://www.ama-assn.org/delivering-care/patient-support-advocacy/8-reasons-patients-dont-take-their-medications>

7. Farrell B, et al. Can Pharm J (Ott) 2013;146(5):262-269.